Startliste – Metrocup 2026 Etape 2

2026-05-12

04 Familie		2600 meter	Start
–	Adalsteinn Sæmundsson	Amager OK	
–	Benoit Rauturier	Amager OK	1780792
–	Bille Voss Mosbech	OK Øst Birkerød	246410
–	Birthe Clausen	DSRs O-sektion	2119085
–	Eline Stürup-Thomsen	ukendt	421557
–	Emil Stürup-Toft	Lyngby OK	421559
–	Finn Olsen	Amager OK	302041
–	Helgard Olsen	Amager OK	202066
–	Morten Larsen	ukendt	
–	Oliver Lylloff	ukendt	

01 Lang		5 meter	Start
–	Alex Ottesen	Ballerup OK	8089685
–	Alice Jacobsen	OK 73	8310895
–	Anders Vejgaard	Ballerup OK	8640533
–	Andreas Schrøder	Amager OK	1112008
–	Anne Marie Thommesen	Ballerup OK	8524528
–	Athene Wessel Larsen	Søllerød OK	8524559
–	Bjarke Lundsgaard	Amager OK	8040710
–	Bo Christiansen	Farum OK	8534766
–	Bodil Vedel	Søllerød OK	2163435
–	Cecilie Langhans	Løbeklubben Fortius	
–	Emilie Bæk Christiansen	Søllerød OK	1402999
–	Eoghan Wiles	OK 73	8121015
–	Filip Nielsen	Farum OK	8657113
–	Frede Lillelund	Søllerød OK	8664232
–	Frederik Grue-Sørensen	OK Roskilde	8130876
–	Frida Hagedorn	Søllerød OK	2800824
–	Gilli Fjallstein	Amager OK	
–	Hanna Bæk Christiansen	Søllerød OK	8512055
–	Helge Tillingsøe	DSRs O-sektion	8140397
–	Helle Piil Rosted	Amager OK	344987
–	Henriette Broman	Allerød OK	8009291
–	Henrik Bierbum Bacher	Amager OK	1102008
–	Henrik Nielsen	Holbæk OK	8022398
–	Jakob Thomsen	Lyngby OK	
–	Joakim Ilsing Sørensen	Ballerup OK	8016659
–	Joakim Østergaard	Søllerød OK	8526037
–	Johan Nikolaj Lausen	Amager OK	
–	Jonas Kühn	Ballerup OK	8541450
–	Jonas Lassen	OK Roskilde	8002536
–	Jonas Lunding	Amager OK	
–	Karin Hulgaard	OK 73	8533428
–	Kasper Cramon Jørgensen	Allerød OK	886579

–	Kim Clausen	DSRs O-sektion	407153
–	Klaus Nielsen	Farum OK	1408242
–	Kristine Berg Hansen	Lyngby OK	8528627
–	Lars Sørensen	OK Øst Birkerød	1402998
–	Magnus Eriksen Brink	Søllerød OK	8526034
–	Malthe Poulsen	FIF Hillerød	8310915
–	Mark Lidegaard	OK Roskilde	7209263
–	Mathias Nyvang	Søllerød OK	8033366
–	Max Prang	Fredensborg OK	8528616
–	Michael Sørensen	OK Øst Birkerød	8180977
–	Mikkel Dam	ukendt	8667866
–	Mikkel Merkelsen	Amager OK	8535841
–	Mogens Hagedorn	Søllerød OK	8268904
–	Morten Foverskov	OK Skärmen	249399
–	Morten Ploug	Ballerup OK	8505714
–	Nina Henriksen	Amager OK	239950
–	Nina Weng	Lyngby OK	
–	Oscar Bæk Christiansen	Søllerød OK	8646082
–	Per Schifter Schou	Amager OK	239951
–	Peter Niemelä	Døvania	1409976
–	Rasmus Lüthje	Søllerød OK	8524561
–	Robert Grønlund	OK Sorø	8628454
–	Ross Bretherton	Amager OK	2151371
–	Rune Nielsen	Amager OK	
–	Ruslan Baldzhyyev	Amager OK	
–	Sagar Clemensen	Amager OK	8541448
–	Sander Wermuth	ukendt	
–	Sofia Alma Jepsen	Amager OK	
–	Steen Olsen	Søllerød OK	8033362
–	Sylvester Bajda	Amager OK	
–	Søren Dyrlund Jessen	OK Roskilde	8501990
–	Torben Speldt	Amager OK	8526038
–	Tue Gunst	ukendt	
–	Vilja Bjerre-Jørgensen	ukendt	

02 Mellem		**5 meter**	**Start**
–	Amalie Severinsen	Amager OK	
–	Amanda Isaksen	FIF Hillerød	8130899
–	Anders Döpping	Søllerød OK	8512044
–	Anita Vium Jørgensen	Amager OK	
–	Anne Skovbæk	Søllerød OK	8143213
–	Anne Solgaard	Ribe OK	
–	Anne-Mette Jansen	OK Roskilde	1060596
–	Arthur	ukendt	
–	Asbjørn Gudbrand Bøgeby	ukendt	
–	Britt Stenberg Nøhr	Amager OK	8533415
–	Caroline Kirketofte	Amager OK	
–	Carsten Gemmer Hanghøj	Ballerup OK	8490743
–	Carsten Jørgensen	Amager OK	
–	Cecilie Arnholm	Søllerød OK	8240279

–	Cecilie Spendrup-Petersen	Ballerup OK	8143249
–	Charlotte Grauert	Ballerup OK	8009115
–	Christina Hausgaard	Amager OK	1822008
–	Christina Rottbøll Andersen	ukendt	
–	Claus Sihm	OK Roskilde	8662151
–	David Palsgaard	Søllerød OK	8506712
–	Dennis Flood	OK 73	2165222
–	Diana Cederberg	Ballerup OK	8009298
–	Dorte Grinderslev	Amager OK	8527208
–	Ella Hadrup	Søllerød OK	8620920
–	Ellen Kühn Jensen	Ballerup OK	8533425
–	Ellen Winther Mortensen	Amager OK	8510342
–	Emma Buhl	ukendt	
–	Emma Lundsgaard	Amager OK	8270279
–	Erik Simonsen	OK Øst Birkerød	8512017
–	Ernst Poulsen	Amager OK	8103014
–	Finn Stausgaard	Amager OK	1162008
–	Fiona Becker	Søllerød OK	8260918
–	Fiona Palsgaard	Søllerød OK	8033377
–	Flemming Vejen	Ballerup OK	8512003
–	Freja Gudme-Knudsen	Allerød OK	8500995
–	Gitte Grauert	Ballerup OK	8500989
–	Gitte Jensen	Amager OK	1802008
–	Gregers Jørgensen	Ballerup OK	8620940
–	Gustav Wahlgren Mahler	ukendt	
–	Gøther Mathisen	ukendt	
–	Hanne Mathisen	ukendt	
–	Heidi Kristensen	Søllerød OK	8001960
–	Helen Cromie	Amager OK	8719022
–	Henning Drejer Olsen	OK 73	1106036
–	Henrik Henriksen	Amager OK	
–	Henrik Sørstrøm	ukendt	
–	Henrik Torp Andersen	Amager OK	2085958
–	Henrik Weirauch Kristensen	OK 73	8512036
–	Howie Tan	Amager OK	
–	Ida Hansen	Amager OK	
–	Inge Christiansen	Amager OK	2061665
–	Irene Fredriksson	Amager OK	
–	Isabella Sihm	OK Roskilde	8524566
–	Jacob Deichmann	Amager OK	1504283
–	Jan Frank Nielsen	FSK Orientering	347482
–	Jan Kofoed Nielsen	PI-København	8524557
–	Jan Kristoffersen	Ballerup OK	8533419
–	Jasmin Maglic	Amager OK	
–	Jens Bentsen	OK Øst Birkerød	8009124
–	Jimmy Hoen	Ballerup OK	2086036
–	Jytte Sørensen	Amager OK	8512050
–	Jørgen Pedersen	AS Feltsport	8160458
–	Karen Sejrsgaard	Amager OK	7003113

–	Keld Johnsen	Tisvilde Hegn OK	8201150
–	Kristian Ørsted Pedersen	ukendt	
–	Lea Drejer Hulgaard	ukendt	8541453
–	Leif Pedersen	FSK Orientering	2112887
–	Lena Hamborg	Amager OK	2112888
–	Line Lerchebo	Hearing Loss Runners	
–	Line Lundsgaard	Amager OK	8284888
–	Line Weichel	ukendt	
–	Lisbeth Mundrup	ukendt	
–	Lone Kierstein Nielsen	FSK Orientering	249308
–	Lone Pereira Hansen	Amager OK	8524554
–	Lotte Solvang Christensen	Løbeklubben Fortius	
–	Maja Bar Rasmussen	Outdoorklubben	
–	Malene Lysgaard-Hansen	Holbæk OK	8002541
–	Malthe D. Kristensen	Ballerup OK	8543619
–	Maria Fritzen	ukendt	
–	Maria Krog Schulz	Ballerup OK	8002525
–	Marianne Kirkegaard	Tisvilde Hegn OK	8524564
–	Marie Erskov Krogh	OK Øst Birkerød	1401717
–	Marie Hjorth	Amager OK	7090896
–	Marius	Amager OK	
–	Martin Hjorth	OK 73	1170281
–	Mathias Bressendorf Petersen	Ballerup OK	8524526
–	Mathias Elmquist	ukendt	
–	Mathies Rosenkvist Sørensen	ukendt	
–	Mathilde Daugaard	OK 73	340602
–	Mette Pilemand	Søllerød OK	8016665
–	Mette Uhre Lang	Amager OK	1106033
–	Michael Bruun	Amager OK	1502438
–	Michael Graae	Amager OK	8002532
–	Michael Jensen	Lyngby OK	2225023
–	Michael Leth Jess	OK Roskilde	8241908
–	Michael Nygaard Møller	Ballerup OK	8512021
–	Michael Remod	DSRs O-sektion	423261
–	Mikael Lüthje	Søllerød OK	8030677
–	Mike Danielsen	Amager OK	
–	Morten Sahl Bang	ukendt	239734
–	Naja Dan Møller	Allerød OK	682127
–	Nelson Costa	Amager OK	56
–	Nickolas Falk Krusdorf	Amager OK	
–	Nikita Sahl Bang	PI-København	213945
–	Pernille Thieme	FSK Orientering	2006483
–	Peter Weichel	OK Sorø	1502322
–	Peter Østergaard	Søllerød OK	8008515
–	Rasmus Blomqvist	Amager OK	8739709
–	Rebecca Scharff-Poulsen	Amager OK	
–	Roar Bang	Amager OK	1013320
–	Rune Larsen	Amager OK	7209258
–	Rune Odin	Lyngby OK	1452118

–	Sebastian I V From	Lyngby OK	8657106
–	Sergei Vorfolomeev	Amager OK	8657014
–	Signe Andersen	Ballerup OK	8645155
–	Signe Hanghøj	Ballerup OK	662512
–	Sofie von Hessberg	OK Skärmen	1505248
–	Svend-Erik Jepsen	Søllerød OK	8012350
–	Synnøve Røysland	Søllerød OK	8512018
–	Søren Grønvald	Søllerød OK	2006499
–	Søren Skovgaard Hansen	Lyngby OK	
–	Thomas Østergaard	OK Øst Birkerød	8635887
–	Thorbjørn Madsen	ukendt	
–	Tim Abild	Amager OK	7212129
–	Victor Flindt	ukendt	
–	Yvonne Hinrichsen	Amager OK	

3A Sprint		**5 meter**	**Start**
–	Agathe Skovgaard Lausten	Lyngby OK	
–	Albert Stürup-Thomsen	Lyngby OK	421558
–	Anders Blaabjerg	ukendt	
–	Anette Englund	ukendt	
–	Anita Joan Hansen	ukendt	
–	Anna Mosbech	OK Skärmen	444513
–	Anne Maarup	Allerød OK	8201951
–	Annelise Hansen	Døvania	85012008
–	Annette Bonde	Ballerup OK	8667751
–	Annette Petersen	OK Roskilde	8130654
–	August Kvist	OK Skärmen	8513692
–	Bent Johansen	OK 73	439759
–	Bente Pihl	OK Roskilde	302043
–	Birgitte Birck Frederiksen	Allerød OK	8626197
–	Birte Langkilde	Ballerup OK	8640536
–	Bodil Mortensen	Ballerup OK	1071096
–	Chris Smith	OK Øst Birkerød	2074609
–	Christian Olsen	Amager OK	8201972
–	Claus Cederberg	Ballerup OK	8505432
–	David Lind	OK Skärmen	1046251
–	Else Gudme	ukendt	351370
–	Ena Lindhart Thomsen	ukendt	421551
–	Erik Nielsen	Amager OK	1406095
–	Finn Petersen	OK Roskilde	8021053
–	Flemming Sparre Sørensen	Amager OK	1040865
–	Gerd Krause Jochumsen	Amager OK	
–	Gert Lillevang Nielsen	Amager OK	1972008
–	Hakon Mosbech	OK Skärmen	8535833
–	Hanne Frost	Ballerup OK	1428720
–	Helle Pitters	Lyngby OK	8510337
–	Henrik Jørgensen	OK Skärmen	8512046
–	Henrik Petersen	Ballerup OK	8524547
–	Ida Jacobsen	OK Skärmen	8524581
–	Ida Smith	OK Øst Birkerød	8539397

–	Ida Solgaard Jørgensen	Allerød OK	
–	Ida Thesbjerg	Ballerup OK	1411601
–	Ilknur Erkul	ukendt	
–	Inge Jørgensen	OK Roskilde	8089676
–	Inge Krogh Kristoffersen	Ballerup OK	440894
–	Inger Dyrlund Jessen	OK Roskilde	8501709
–	Jacopo Munaretto	Amager OK	
–	Janet Bentzen	Amager OK	8535832
–	Jesper Allan Jensen	OK Roskilde	
–	Josefine Daugaard	Amager OK	
–	Kaj Rostvad	Søllerød OK	8631595
–	Karsten Daugaard	ukendt	
–	Karsten Funder	FIF Hillerød	8656159
–	Kasper Thode Schiøtt	Ballerup OK	354534
–	Katrine Jacobsen	OK Skärmen	8524565
–	Kent Pihl	OK Roskilde	1422371
–	Kia Reis	Amager OK	
–	Kirsten Olsen	Søllerød OK	8524524
–	Kirsten Truelsen	Ballerup OK	1406263
–	Lars Hanghøj Petersen	Ballerup OK	8510049
–	Lauge Dalgaard Kristensen	Ballerup OK	8528620
–	Laus Seir Hansen	Helsingør SOK	8016647
–	Lea Houborg Hyldstrup	Amager OK	2092956
–	Line Bisgaard	Ballerup OK	8008513
–	Lisbeth Jensen	Ballerup OK	666407
–	Lise Thode Schiøtt	Ballerup OK	2166688
–	Louis Steinthal	FIF Hillerød	8300866
–	Mads Troelsgård	Lyngby OK	8633612
–	Malthe Thode Schiøtt	Ballerup OK	8529008
–	Maria Douglas	FIF Hillerød	8625632
–	Mette Bertelsen	Ballerup OK	
–	Mette Hvene Rasmussen	Ballerup OK	1408245
–	Mette Seir Hansen	Helsingør SOK	8645172
–	Morten Jensen	OK Roskilde	8506678
–	Morten Schiøtt	Ballerup OK	217402
–	Nanna Jochumsen	Amager OK	
–	Niels Peder Møller	Lyngby OK	8506821
–	Niels Raagaard	Søllerød OK	1407799
–	Niels Aabye	Ballerup OK	8002523
–	Noah Hjorth	OK 73	302188
–	Nor Knudsen	PI-København	2049224
–	Ole Christiansen	Farum OK	8180700
–	Ole Svendsen	OK Roskilde	501138
–	Per Rasmussen	Amager OK	8535840
–	Rikke Xiao Lindbjerg	Lyngby OK	1504176
–	Rolf Andersen	Amager OK	1101952
–	Ronald Clausen	DSRs O-sektion	1502324
–	Ruth Aagard Hansen	OK Skärmen	355594
–	Savannah Smith	OK Øst Birkerød	2134103

–	Signe Abild	Amager OK	2065752
–	Sirius Aabye	Ballerup OK	443121
–	Stine Kongsted	ukendt	
–	Stine Mackenhauer	Amager OK	1072008
–	Susanne Christiansen	Farum OK	1401489
–	Svend Erik Jensen	Ballerup OK	308133
–	Søren Albæk Jensen	Amager OK	2037684
–	Søren Christensen	OK Skärmen	8524558
–	Søren Kvist	OK Skärmen	8523642
–	Tine Vejen Langkilde	ukendt	
–	Tonje Pihl	OK Roskilde	8524562
–	Torkil Hansen	PI-København	8033358
–	Troels Madsen	Amager OK	1502435
–	Uffe Albæk Garny	Amager OK	439489
–	Ulla Jacobsen	OK Skärmen	8524573

3B Para-sprint		**5 meter**	**Start**
–	Camilla Madsen	ukendt	
–	Cathrine Guldberg	LHIF - Lyngby Handicap Forening	
–	Claus Mejlby	Amager OK	2061669
–	Jesper Guldberg	LHIF - Lyngby Handicap Forening	
–	Sinnet Agerbæk Black	Amager OK	
–	Søren Saxtorph	Ballerup OK	246247